

What is MHIP?

Integration & Collaboration

The **Mental Health Integration Program** is a countywide, *patient-centered, integrated program* serving clients with medical and mental health needs. The program provides:

- High-quality mental health screening and treatment
- An evidence- and outcome-based model of collaborative stepped care to treat common mental disorders, such as, Depression

The MHIP model incorporates an Evidence-based Practice (EBP) called Problem-solving Treatment (PST) that generally consists of 6-8 sessions; however, there is no cap on the number of sessions under the MHIP model, which may also include time for assessment, creating a treatment plan, medication management consultation, and other care management services.

Patients needing more intensive mental health services are treated in community mental health centers that collaborate with the primary care clinic to provide person-centered integrated mental health care.

MHIP LINKS

L.A. County Mental Health Integrated Care Program:

<http://uwaims.org/lacounty/index.html>

PHQ-9 & GAD-7 screening tools available in multiple languages at this site:

<http://www.phqscreeners.com/overview.aspx>

PCL-C and Team Building worksheets can be found at:

<http://uwaims.org/lacounty/gettingstarted.html>

PCP and consulting psychiatrist webinars can be found at:

<http://uwaims.org/lacounty/training.html>

PST forms in other languages can be found at:

<http://uwaims.org/lacounty/pst-languages.html>

Should you have any clinical or administrative questions pertaining to MHIP please email us at:

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